

SpeeRead.com



Online program for

• Speed Reading •



Discover the 4 reasons that make speed reading accessible to anybody willing to go through our learning program!

#1

The cerebral path for processing the meaning of information we read is the dominant one. The path we use for processing visual information is secondary. Through speed reading, we learn to direct our mental resources mainly to our dominant path, in order to favour memorising and understanding the texts we read.



#2



Our eyes have the fastest muscles in the human body. We are underusing these muscles. We can move our eyes 2 to 4 times faster if we appropriately train them through speed reading.

#3

By widening our visual field, we can increase our reading speed. When using speed reading, we learn to read groups of adjacent words instead of reading each word individually.



#4



We've learnt to read out loud. When we read without speaking out the words, we still instinctively move our vocal chords. Speed reading teaches us how to gradually move on to reading without somatic subvocalization. Optimal reading speed is upwards from 1,000 words per minute, when the vocal chords don't vibrate anymore and the information being read is transferred directly from the eyes to the brain.



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